MELBOURNE FREE UNIVERSITY

+ +

THE POLITICS OF MADNESS: Listening to lived experience

This series will discuss mental distress/madness from the perspective of people with lived experience. The voices of other experts have been dominating community understanding of "mental health" – this is a chance to engage differently.

╢╢

SESSION 1:

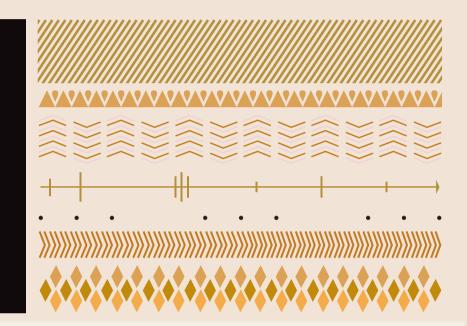
Introduction to Intentional Peer Support (IPS)

DATE AND TIME: Saturday 29 October, 10.30am-12.30pm **VENUE:** The Railway Neighbourhood House, 20 Solly Ave, Nth Carlton.

How do you support someone going through intense emotional distress or acting in ways that you find confusing, distressing or mad? This introduction to IPS is trauma-informed, non-coercive, honest, transformative and practical.

FACILITATORS: Flick Grey and Merinda Epstein, Our Consumer Place

SESSION 2:



SESSION 3:

What do we want from the mental health system? DATE AND TIME: Tuesday 29 November, 6.30-8pm VENUE: Dexter bar/cafe, 123 Queens Pde, Clifton Hill

This session will explore what people who have used the mental health system think and want. The mental health system is grounded in coercion and paternalism, but these three leaders are at the forefront of the winds of change.

SPEAKERS: Merinda Epstein (Our Consumer Place), Indigo Daya (Voices Vic and Smoking Mad) and Heidi Everett (Psych Ward Support)

Madness in the Academy DATE AND TIME: Wednesday 16 November, 6.30-8pm VENUE: Red Wheelbarrow Bookshop, 105 Lygon St Brunswick East This session will explore how universities are taking up, or not, the impressive intellectual work of people with lived experience of madness.

SPEAKERS: Cath Roper (mad academic, Melbourne Uni), Merinda Epstein (Our Consumer Place), and Flick Grey (Our Consumer Place)

